

## **SYLLABUS – ENTRANCE EXAM (CUCET)**

### **M.Sc., in Yoga Therapy**

#### **Foundations of Yoga**

Yogic science origin, History and development of Yoga, Etymology and definitions, Misconceptions, Aim and objectives of yoga, True nature and principles of Yoga

#### **English and Communication**

Reading Comprehension, Verbal Reasoning, Analogies, Antonyms, Synonyms, Verb Patterns, Sentence Correction, and Sentence Completion, Odd Man Out, Error Editing and Deduction, Spell Check.

#### **General Knowledge and Basic Science**

General Knowledge, Capital Cities, Currency, Global Time Zone, Current Affairs , Introduction to cell, tissue, organs and systems, Basic concepts and components of Food and Nutrition